



Wadebridge School – Relationships and Sex Education Policy

What is Relationships and Sex Education?

‘The aim of RSE is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship. It enables young people to mature, build their confidence and self-esteem and understand the reasons for delaying sexual activity. Effective RSE also supports people, throughout life, to develop safe, fulfilling and healthy sexual relationships, at the appropriate time’.

Department for Education 2019

Aims of RSE at Wadebridge

In line with our Teaching and Learning policy this part of the curriculum is designed to provide opportunities for young people to develop the skills, knowledge and understanding they need to lead confident, safe, healthy, independent lives and become active and informed citizens.

Relationships and Sex Education at Wadebridge School is a graduated, age appropriate programme covering topics such as:

- Physical and emotional changes at puberty
- Looking after your body – keeping healthy during puberty
- Respect and responsibility
- Relationships – including intimate relationships and parenthood
- The difference between healthy and unhealthy relationships
- Assessing risk
- Resisting pressure
- Prejudice and discrimination linked to sexual identity and orientation
- Body image and feeling good
- Influence of the media
- Accessing help and advice
- Sex and the law
- STIs, including HIV, and high- risk behaviours
- The links between sexual behaviour and alcohol
- Sexual harassment
- Sexual equality
- Conception and contraception

Organisation

Sex and Relationships Education is taught within RSHE lessons by senior teachers who receive regular training. The subject will be taught through a range of teaching methods, including inviting representatives from outside agencies such as Health professionals, Brooke and other organisations to support topic content.

SRE has links to aspects of the Science National Curriculum and some topics covered in EPR lessons. Parents have the right to withdraw their children from any SRE that falls outside of the statutory curriculum (*Education Act, 1996*) however, they cannot withdraw from human reproduction as this forms part of the Science National Curriculum. Any parents expressing concerns will be invited into to school for discussions with a teacher responsible for delivering the programme, and to view materials and resources. The parent will be advised that they have an obligation to provide the information at home using information available from the DFE.

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