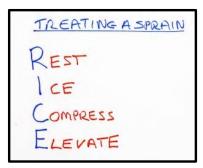
Mnemonia

WHAT IS IT?

- Using short poems, acronyms, memorable phrases or acrostics to remember information. For example, Richard Of York Gave Battle In Vain is used to remember the colours in the rainbow (Red, Orange, Yellow, Green, Blue, Indigo, Violet).
- They link difficult concepts/sequences to easily remembered
 words and rhymes.

WHEN WOULD I USE IT?

- To remember lists.
- To remember a sequence of events.
- To remember the meaning of key terms.
- Make it humorous or silly!
- Use words/phrases to link to the topic.



HOW DO I MAKE/USE ONE?

To remember the meaning of a key word, write the words going down the page (one letter per line). Come up with a word or sentence for each letter of the word that links to the meaning of it.

To remember a sequence of events or the order of something, write a list going down the page. Using the first letter of each sentence, make a word out of the letters that you will remember. This will then help you remember the list.

Examples

- etta means showing loving-kindness to

-vervone. It helps

- o get rid of the 3 poisons.



-he unconditional love of a mother for her child is

- n example of metta.

P - Parenthesis Please Excuse

E - Exponent

My

- Multiplication

Dear

- Division

Aunt

A - Addition

Sally

S - Subtraction

The planets in order of distance from the sun

Mercury



Venus

Very



Earth

Easy



Mars

Method



Jupiter

Just



Saturn Speeds



Uranus



Neptune Naming



Pluto* Planets