



WADEBRIGDE SCHOOL PHYSICAL EDUCATION CURRICULUM MAP

KEY STAGE 3 PHYSICAL EDUCATION

Building and embedding physical development skills. Creating competent and confident performers. Able sustained periods of activity leading to healthy active lives.



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LEARNING OPPORTUNITIES

YEAR 7 BOYS - HRE, Rugby, Swimming, OAA, Badminton, Football, Gymnastics, Cricket, Athletics.

YEAR 8 BOYS - Rugby, Swimming, Badminton, OAA, Football, Gymnastics, Cricket, Athletics

Delivery with an AFL centred approach

Assessment
WS Levels
Core Tasks from WS Schemes of Work

Range of Content

Outwitting Opponents In direct competition

Develop techniques and improve performance in Competitive sports

Perform dances using a range of styles and form.

Outdoor Adventurous Activities which present intellectual and physical challenges

Developing engagement in exercise outside of school lessons is a key aim of KS3 PE.

LEARNING OPPORTUNITIES

YEAR 7 GIRLS - HRE, Netball, Swimming, Dance, Gymnastics, Hockey, Badminton, Tennis, OAA, Rounders, Athletics.

Year 8 GIRLS - Netball, Swimming, Gymnastics, Hockey, Dance, Badminton, Tennis, OAA, Athletics, Rounders.

Delivery with an AFL centred approach

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Range of Learning Opportunities is increased for year 7 and will progress through KS 3 into years 8
KS 3 is the vehicle that drives pupil choices in KS 4 core and Exam PE

Talented Pupils

Identification policy in place and engagement of these pupils in specific extra activities to be increased

KEY STAGE 4 PHYSICAL EDUCATION: EXAMINATION & OPTIONS BASED ON STRANDS

Developing involvement in a range of sport and activities that in turn promote an active, healthy lifestyle.

ADDITIONAL LEARNING OPPORTUNITIES

Junior Football Organisers
Badminton Leaders
Dance Leaders
Hockey Umpires

Development of opportunities to engage in coaching and officiating.

To be increased through extra-curricular activities and the core PE programme.

STRAND 1 PERFORMANCE

RUGBY
FOOTBALL
HOCKEY
HRE

STRAND 2 LEADERSHIP

JUNIOR LEADERS AWARD LEVEL 1

STRAND 3 CREATIVE

HRE
DANCE
TRAMPOLINING
AEROBICS

STRAND 4 COMPETENCE

BADMINTON
HRE
VOLLEYBALL
FOOTBALL

STRAND 5 PERFORMANCE

NETBALL
HOCKEY
BASKETBALL
HRE

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NCFE Level 1/2 Health and Fitness

Optional examination offer for PE.

Assessment is 40% exam and 60% coursework.

SUMMER ACTIVITIES

SURFING, TENNIS, ATHLETICS, CRICKET, ROUNDERS, EXTREME GOLF.

Extra Curricular Sport and Activity Programme

The participation outside of PE lessons is encouraged for all pupils throughout Wadebridge school and emphasis on the benefits for sustained progress are promoted. The provision is extensive and caters for both inactive and active pupil groups through engagement and targeting of specific pupils. The programme includes high level competition including participation in the Cornwall school Games events at level 1, 2 and 3. Participation is tracked using AbsoluteEducation software and linked to school outcomes and progress