



In September 2022 Wadebridge School began the process of working towards the achievement of the 'Wellbeing Award for Schools'. This Award requires a commitment to promoting positive social and emotional wellbeing, mental health and wellness for pupils and staff in our school.

You can find the specific objectives of the Award on our RSHE page on the school website.

## Pupil & Parent Questionnaires

Thank you to everyone that completed the online questionnaire. Here is a snippet of the results.

PARENTS	PUPILS
<p>Parents feel they have a good understanding of how emotional wellbeing and mental health can impact their child's performance in school. (Average rating = 4.55/5)</p> <p>Parents feel that the school really cares about the emotional wellbeing and mental health of everyone involved with the school. (Average rating = 3.6/5)</p> <p>Parents feel comfortable talking about their child's mental health with the school. (Average rating = 4.26/5)</p> <p><b>Points for improvement:</b> more information about the Wellbeing Award, proactive engagement with parents, knowing who to contact with concerns.</p>	<p>Pupils recognise that we learn in school about how important it is to talk about our feelings and emotions. (Average rating = 3.74/5)</p> <p>Pupils feel that the school cares about all its pupils and how they are feeling. (Average rating = 3.43/5)</p> <p>Pupils are able to get help at school when they feel worried or unhappy. (Average rating = 3.32/5)</p> <p><b>Points for improvement:</b> Teachers recognising when pupils are feeling worried or unhappy, pupils feeling comfortable talking about their emotions at school.</p>



### What do we already do?

The RSHE Curriculum has a significant emphasis on pupil Wellbeing and Mental Health. At Wadebridge School we cover Wellbeing and Self Care at the start of each year for all pupils. Well trained and experienced members of staff also deliver lessons on Mental Health to all year groups, with a focus on exam stress and anxiety in Year 11. Each year we also celebrate Children's Mental Health Week with a school wide competition and assemblies. Go to the RSHE page on the school website for more information and our learning journey.



### Something new...

In March 2023 we will be delivering sessions for Parents/Carers focussed on Wellbeing and Self Care for young people. These will be delivered by our Senior Mental Health Leads', Sion Williams (Deputy Head) and Helen Pearson (Curriculum Area Leader for RSHE).

Dates: Thursday 23<sup>rd</sup> March 6-6.45pm  
 Thursday 30<sup>th</sup> March 6-6.45pm  
 More information will be provided in 2023



# Information for Parents

## County Lines – What do you know?

County Lines is a form of criminal exploitation, usually of young people and children. Children between the ages of 14-17 years are most likely to be targeted; groomed either in person or online by gangs and manipulated into selling drugs. The 'line' refers to the mobile phone used to manage the sales. Sadly, this is an ever-growing concern in the UK and affects thousands of young people.

If you would like to know more about this issue, there is currently a film on **BBC iPlayer**. We have decided not to play this in school, but we are recommending it to Parents/Carers to enrich understanding. The film has a 15 guidance but we would suggest that it is most suitable for adults, or for teenagers with adult support as it contains strong language throughout and some violent scenes.

County Lines is included in our RSHE Curriculum in Year 10



If you have any questions about County Lines within the school curriculum please contact [hpearson@wadebridge.cornwall.sch.uk](mailto:hpearson@wadebridge.cornwall.sch.uk)

If you have any concerns about a young person please contact [mwilliams@wadebridge.cornwall.sch.uk](mailto:mwilliams@wadebridge.cornwall.sch.uk)