



Bronze Kit List



Personal	
Inner clothing t-shirt (DofE) trousers e.g. walking trousers, leggings (No Jeans/Chinos etc)	
Warm layer (e.g. fleece not hoody)	
Waterproof Coat with a hood	
Waterproof Trousers	
Socks/undies	
Walking Boots / trainers with laces (not skate shoes)	
Sunhat (with a brim)	
Warm hat	
Gloves	
Watch	
Spare clothes t-shirt trousers/shorts (Not Jeans/Chinos etc) fleece/long sleeve top	
Dry matches	
2 litre water bottle (or 2x 1litre)	
60-65 litre Rucksack with plastic liner *	
Sleeping bag (ideally in a compression bag)	
Sleeping mat (roll mat, foam, self-inflating)	
Knife/fork/spoon	
Plastic mug	
Plate OR bowl (optional depending on food to be cooked)	
SMALL Washing gear (Toothbrush, Toothpaste, Deodorant) can you share anything?	
Hand sanitizer gel/wipes	
Spare bin bags/plastic bags	
Food (this will be explained on the training day) plus spare for an emergency	
Sun block	
Personal first aid kit (including plasters, inhalers, epi-pens , paracetamol or any other medication if you need them)	
Optional Items	
Flip flops/crocs/sliders for camp (you cannot walk around camp bare foot)	

Group	
2 maps **	
2 compasses **	
2 route cards **	
Emergency numbers **	
Tent outer *	
Inner *	
Poles *	
Pegs *	
Stove(s) **	
Fuel **	
Scourer and washing up liquid	
Tea towels	
Toilet paper	
Survival bag (at least 3 per group)	
Spare string/guyline	
Whistle (at least 2 per group)	
Notebook and pencil x 2	
Torch (at least one per tent)	
Group First Aid Kit (bandages etc)	
Mobile phone x 2 minimum (we wrap these in a sealed bag at the start of the expedition for emergency use only)	

*these items can be borrowed from school if enough are available – students will need to indicate this on the group kit request sheet

**these items will be provided by school

We also have a **small selection** personal equipment available to borrow if students request such as sleeping bags, roll mats, waterproof coats and trousers, torches, survival bags etc

You do not need:

Pyjamas
Towel
Tinned food (it's heavy)
A big bag of makeup