



Bronze Kit List



Personal

Group

Inner clothing t-shirt trousers e.g. walking trousers, leggings (No Jeans/Chinos etc)	
Warm layer (e.g. fleece not hoody)	
Waterproof Coat with a hood	
Waterproof Trousers	
Socks/undies	
Walking Boots / trainers (not skate shoes)	
Sunhat (with a brim)	
Warm hat	
Gloves	
Watch	
Spare clothes t-shirt trousers/shorts (Not Jeans/Chinos etc) fleece/long sleeve top	
Emergency rations (not just chocolate)	
Dry matches	
2 litre water bottle (or 2x 1litre)	
60-65 litre Rucksack with plastic liner *	
Sleeping bag	
Sleeping mat (roll mat, foam, self-inflating)	
Knife/fork/spoon	
Plastic mug	
Plate OR bowl	
SMALL Washing gear (Toothbrush, Toothpaste, Deodorant) can you share anything?	
Hand sanitizer gel/wipes	
Spare bin bags/plastic bags	
Food (See separate presentation for ideas)	
Sun block	
Personal first aid kit (including plasters, inhalers, epi-pens , paracetamol or any other medication if you need them)	
Face mask – will be required for travel in minibus/coach	

Optional Items

Flip flops/crocs/sliders for camp

2 maps **	
2 compasses **	
2 route cards **	
Emergency numbers **	
Tent outer *	
Inner *	
Poles *	
Pegs *	
Stove(s) **	
Fuel **	
Scourer and washing up liquid	
Tea towels	
Toilet paper	
Survival bag (at least 3 per group)	
Spare string/guyline	
Whistle (at least 2 per group)	
Notebook and pencil x 2	
Torch (at least one per tent)	
Group First Aid Kit (bandages etc)	
Mobile phone x 2 minimum (wrapped in a sealed bag for emergencies only)	

*these items can be borrowed from school if enough are available – students will need to indicate this on the group kit request sheet

**these items will be provided by school

Food

Please go to the DofE area of curriculum resources to remind you about the types of food to take on expedition.

You do not need:

Pyjamas
Towel
Tinned food (it's heavy)
A big bag of makeup