

Back to School Edition!



Welcome to all new staff, and welcome back to everyone else!

Your Health Champions are a group of volunteers who have been trained by the County's Health and Wellbeing School Workforce to offer support, knowledge and signposting to all staff here at school. We host events, try to keep you up to date with health information and look for ways to make sure that you feel supported in school. Please let us know how we can help you! Make suggestions for what you want us to do this year, and as last year, let us know if you are worried about a colleague or think someone needs a little treat.

Use the email address:

HC@wadebridge.cornwall.sch.uk

Or fill in a little card and leave it in the box by the phone in the staffroom

Struggling to get back into the swing of 'school' days? Already snoozing the alarm? Check out ICT with Mr P on Facebook, especially his post on 6th Sept.

ICT with Mr P - Tech to Raise Standards shared a video 6 September at 10:21



Follow him for lots of useful advice, some serious and some less so!

<https://www.facebook.com/IctWithMrP/>



Join us for a Health Champions Breakfast

THURSDAY 21st September

In the staff room from 8.15am

for the chance to meet your Health Champions, and to find out more about, and maybe join in with, the Secret Buddy Scheme this year— a great way to be kind to a colleague and look after them for the whole year :)

Wall Of Success Nominees.....

Lots of you are out there doing exciting things, pushing yourself out of your comfort zones, extending yourselves by doing new things, or by helping others.

Nominate a colleague in the staffroom.

Prizes to be won for those nominated, and their 'teams' and nominators.

Celebrate the good things we do :)

The winner last half term.....

Jayne Williams

