

This
ANTI-BULLYING WEEK

we

choose
respect

#ANTIBULLYINGWEEK



12th – 16th November 2018



What does respect mean to you?

The definition of respect, is to:

‘have due regard for (someone’s feelings, wishes, or rights)’

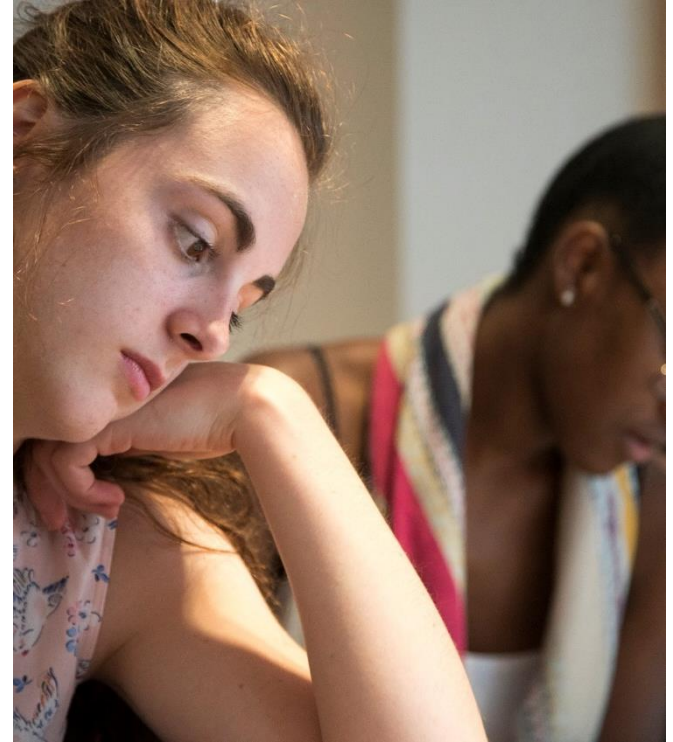
Respect can be divided into two parts:



**Respecting
yourselves**



Respecting others





Can we respectfully
disagree?

**choose
respect**



#ANTIBULLYINGWEEK

What does respect look like?

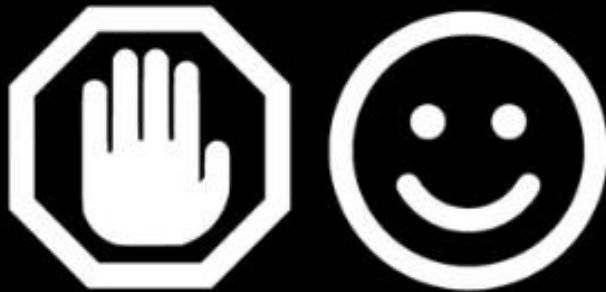


Making everyone feel
comfortable and **welcome**

Not engaging with **bullying or abuse**, either face to face or online

Being able to '**respectfully disagree**' with people without bullying or being disrespectful

RESPECT



0:01 / 1:35



**choose
respect**



**[Anti-Bullying
Alliance]**

Why are National Campaigns like these so important??

- Recent statistics show:
 - Nationally 1 in 5 children have been bullied in last 12 months (1.5 million)
 - Same amount have witnessed another pupil being bullied
 - Over half of those bullied said it was a classmate who bullied them
 - 25% of children (over 2 million children) worry about bullying

What is Bullying?

- Bullying is defined as **deliberately** hurtful behaviour, **repeated** over a period of time.
- Any form of bullying is **not tolerated** in this school and severe sanctions are imposed on anyone caught bullying.



From those who have been bullied within the past 12-months:

Why do you think you were bullied?





STOP SPEAK SUPPORT

**1 IN 5 TEENAGERS
IN ENGLAND**

have experienced cyberbullying
in the last two months

Children who have
been cyberbullied
are more likely
to be depressed,
anxious and lonely



Thursday 15th November 2018





- Take time out before getting involved and don't share or like negative comments.
- Try and get an overview of what's really going on.
- Check the community guidelines for the site you're on.



- Ask an adult or friend that you can trust for advice.
- Use the report button on the social platform it's happening on.
- Speak to one of the charities set up to help with situations like this (i.e. Childline.)



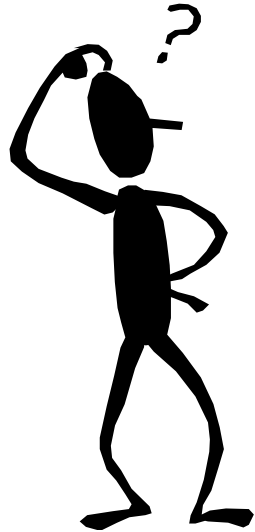
- Give the person being bullied a supportive message to let them know they're not alone.
- Encourage them to talk to someone they can trust.
- Give the person being bullied a positive distraction from the situation.

STOP SPEAK SUPPORT



...when you see online bullying

What can we all do?

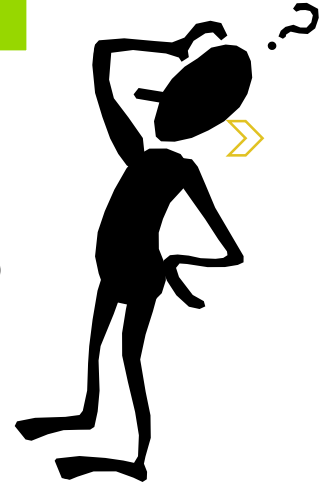


Challenge
Discriminatory
Language

Support each
other. Stand Up ,
don't be a
Bystander

Report incidents of
bullying

Treat everyone
with respect and
make sure that no
one feels left out



Where to get help

- www.anti-bullyingalliance.org.uk
- www.bullying.co.uk
- www.childline.org.uk
- www.ditchthelabel.org

Talk to your parents and your friends. You can also talk to any adult in school.

We also have Whisper, where you can report issues:



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